



**BOSTON GRADUATE SCHOOL OF
Psychoanalysis**

PROGRAM CATALOG

Degree in Psychoanalytic Counseling

Master of Arts in Psychoanalytic Counseling

BOSTON GRADUATE SCHOOL OF PSYCHOANALYSIS

1581 Beacon Street, Brookline, MA 02446

Web: www.bgsp.edu E-mail: bgsp@bgsp.edu

Tel: (617) 277-3915 Fax: (617) 277-0312

THE MASTER OF ARTS IN PSYCHOANALYTIC COUNSELING

The M.A. in Psychoanalytic Counseling program provides students with comprehensive master's level training in mental health counseling, with a specialization in psychoanalytic studies. Graduates meet the educational requirements for licensure in mental health counseling in Massachusetts, including course requirements and practicum and internship experiences.

This unique program is ideal for the student interested in practicing as a licensed mental health professional within a psychoanalytic framework at the master's level. In order to gain an understanding of the range of treatment approaches in clinical settings, students explore multiple theories and clinical methods in addition to the psychoanalytic model. Students receive clinical supervision from psychoanalysts and other experienced mental health professionals who are qualified to supervise for the LMHC license both at the school and at their clinical placements.

Students receive a broad foundation in psychoanalytic theory, from Freud's first works to contemporary psychoanalytic thought. The specialization in psychoanalytic counseling allows students to gain an appreciation of unconscious motivation and the unconscious forces at work in mental health and illness. In addition, the program introduces students to psychoanalytic aspects of treatment, including psychopathology and clinical techniques. Clinical placements provide the opportunity to develop skills basic to fostering an effective therapeutic relationship with patients with a full range of psychopathologies, including very regressed patients, under psychoanalytic and other supervision.

Because the program provides extensive training in both psychoanalytic theory and counseling as a whole, this program may take longer to complete than other counseling programs. Like other programs, the Master of Arts in Psychoanalytic Counseling program prepares graduates to work in a variety of mental health settings and to pursue the additional post-master's clinical hours required for licensure as a Licensed Mental Health Counselor. Unlike other programs, the program also prepares graduates to apply directly into Level B of the BGSP Doctor of Psychoanalysis or Certificate in Psychoanalysis programs in order to pursue advanced psychoanalytic training.

In order to accommodate the extensive learning in both psychoanalysis and counseling, the 66-credit curriculum is best completed over the course of three years of full time study, of which the last year of study focuses on the clinical internship and master's thesis. This pace facilitates integration of course material and clinical learning and allows students the opportunity to pursue employment while completing their studies. Students may choose an accelerated two-year curriculum (including summer session), but should consult with the Admissions Committee and their advisor as to the best pace for them. On average, students

take three years to complete the program. Program courses are offered for two, three, or four credits and meet once a week, either in the evening, during the day on Friday, or on Saturday morning.

DEGREE GOALS

Upon completion of the M.A. degree program in Psychoanalytic Counseling, students are expected to achieve the following learning outcomes:

- 1) Students demonstrate basic knowledge of psychoanalytic and developmental theory applied to healthy development and psychopathology as well as interpersonal functioning in diverse cultural contexts.
- 2) Students demonstrate an understanding of basic assessment practices and diagnosis, comparing diagnosis according to the DSM to psychoanalytic conceptualization.
- 3) Students demonstrate they have acquired the knowledge and the clinical intervention skills useful in establishing a relationship and a treatment plan with regressed and narcissistic patients as well as other patient groups. This includes an awareness of transference-countertransference dynamics.
- 4) Through a research project, students demonstrate mastery of methodology and theory pertinent to an area of research interest.
- 5) Students master basic counseling theory and standards of ethical practice.

CURRICULUM OVERVIEW

The M.A. in Psychoanalytic Counseling degree program consists of required coursework (19 courses of two, three or four credits), a Fieldwork Externship of 400 hours (of which 100 hours constitute the Counseling Practicum), a 600-hour Counseling Internship, and a Master's research paper (for most students). Clinical experiences are accompanied by individual and group psychoanalytic supervision. In addition, students undertake a personal analysis as part of their training, completing 70 hours of training analysis before graduation.

GRADUATION REQUIREMENTS

To graduate, students complete:

- 66 credits of coursework and clinical studies
- The 400-hour fieldwork externship, of which 100 hours constitute the counseling practicum
- A satisfactory presentation of fieldwork cases
- The 600-hour counseling internship (Some hours may overlap with the fieldwork externship, in consultation with the Fieldwork Coordinator)
- A minimum 37 group supervision hours and 36 individual supervision hours
- An approved master's paper or thesis or equivalent
- Minimum of 70 hours of training analysis

CLINICAL STUDIES

Clinical studies in the Master of Arts in Psychoanalytic Counseling program provide a rich learning experience for the counseling student interested in psychoanalysis. Students begin the Fieldwork Externship in their second semester of study, engaging in a field placement in a setting for severely regressed patients. This three-semester experience provides the opportunity to learn how to develop a relationship with patients at the earliest levels of psychic functioning. It fosters the ability to read the patient's contacts, responses to stimulation, and symbolic communications while observing the emotional responses induced in oneself. These skills are basic to working with any patient. The first semester of the Fieldwork Externship is structured to meet the licensing requirements for the Counseling Practicum. Students simultaneously enroll in the CP 185 Fieldwork Seminar, small group supervision (CP 111), and individual supervision (CP 341 and CP 351 sequentially) while completing the externship. To complete the externship program, students present their work with cases in the final semester of the Fieldwork Seminar and submit a case study paper to the Fieldwork instructor.

Students also complete a 600-hour Counseling Internship, usually in the third year of study, in a clinical setting that provides supervised experience with a wider range of psychopathologies and emotional issues. Some students may choose to include their post-Practicum Fieldwork Externship hours as part of the Counseling Internship hours or expand and structure their externship to comprise the Counseling Internship. Others choose to add a separate internship. The Fieldwork Coordinator consults with each student on the internship selection and helps the student structure it to meet Counseling Internship criteria, with appropriate

licensed supervisors and sufficient clinical hours. Students interested in work with children may apply to the BGSP School-Based Internship Program, working with children or adolescents in the Boston Public Schools. School-Based program interns enroll in CP 188 Clinical Work with Children and EX 214 Child and Adolescent Psychoanalytic Supervision. Psychoanalytic supervision is provided throughout all clinical experiences.

RESEARCH

Exposure to scientific thinking and practice in the human sciences helps broaden the student's understanding of the nature of research, theory construction, and the logic of inquiry. It fosters the ability to think critically and it enables students to evaluate clinical research.

M.A. in Psychoanalytic Counseling students are required to take two research courses, CP 171 Introduction to Research in the Human Sciences, in which they learn principles of concept formation and research design, and CP 173 Introduction to Qualitative Methods. The latter course prepares students to formulate a question, design a research method, analyze qualitative data, and begin to design a project for the Master's paper. At the end of their studies, M.A. students enroll in the CP 1787 Master's Paper Course in order to proceed with proposal development, data collection, and the writing of a final Master's Paper. The Master's paper demonstrates the student's ability to work on a significant research topic using appropriate psychoanalytic theory applied to empirical data. In addition, the student demonstrates graduate level skill in written exposition. Alternatively, students may choose to enroll in PT 527 (528, 529, 530) Directed Research and work with a thesis chair on a more elaborate research project.

Students who have completed a Master's paper or thesis in previous studies may apply to the Admissions Committee or the Dean of Graduate Studies for equivalency for the Master's Paper.

TRAINING ANALYSIS

Students in the M.A. in Psychoanalytic Counseling program engage in a PT 7 Training Analysis throughout their studies. The analysis is considered part of the educational process, providing experiential learning and a fuller appreciation for one's own emotional dynamics as they relate to the observation and understanding of others and of the course material. Students choose an approved training analyst and work out the frequency of sessions with the analyst, usually meeting weekly. At least one semester of training analysis is required before

beginning a field placement. Students planning to pursue further psychoanalytic training plan their frequency of analysis to help meet the analytic hour requirements for graduation from subsequent programs. A total of 70 hours of training analysis is required for graduation from the Master of Arts in Psychoanalytic Counseling program.

COURSE REQUIREMENTS

Required courses provide the student with a thorough understanding of the facets of mental health counseling, including theories of counseling; developmental studies; psychopathology; assessment, diagnosis and treatment planning; ethics and professional practice; group dynamics; and human diversity. In addition, the program fosters students' clinical and research skills and develops the students' awareness of the ethics of mental health counseling. Psychoanalytic coursework develops the student's appreciation of unconscious forces at work in mental health and pathology and allows the student to compare multiple counseling approaches.

Course requirements for the program include:

CP 101 Assessment and Appraisal (3 credits)

This course introduces students to the process of diagnostic interviewing as well as to the theory and application of psychological measures commonly used in mental health clinics, schools, courts, and private agencies. Assessment tools include the diagnostic interview, tests of intelligence, aptitudes, vocational interests, and personality dimensions in children and adults. The course examines issues of reliability, diversity, limitations of the tests, and ethical practice in relation to the validity of the assessments. Students explore the relationship between assessment, findings, diagnosis and treatment planning. *This course is designed to meet the licensing board's requirement for a course on Appraisal.*

CP 102 Theories of Counseling and Psychotherapy (3 credits)

This course examines the major contemporary theories of counseling and psychotherapy, how they apply to clinical practice, and their impact on the clinician's use of self in the treatment setting. In addition, the course introduces students to the major theories of personality, prevention modalities, and theories of community mental health. *This course is designed to meet the licensing board's requirement for a course on Counseling Theory.*

CP 103 Ethics and Professional Orientation for Mental Health Counselors (3 credits)

Students explore the nature of ethical decision-making in relation to the ethical codes of the ACA and AMHCA, legal requirements, and case examples from different modalities (adult, children, families, groups). In addition, the course examines issues of professional practice such as the counselor's role, working

within systems, and managed care. *This course is designed to meet the licensing board's requirement for a course on Professional Orientation.*

CP 104 Multicultural Issues in Mental Health Work (3 credits)

This course emphasizes understanding and respect for the diversity of clients involved in mental health counseling. It explores the definitions of culture in the context of mental health counseling from a multicultural perspective, with regard to ethnicity, race, gender, disability, and sexual orientation. The class further studies culture-specific groups and the impact of racism, sexism, ethnocentrism, and other forms of discrimination. Students also examine the implications of conducting counseling in the counselor's or the client's second language. *This course is designed to meet the licensing board's requirement for a course on Social Cultural Foundations.*

CP 141 Maturation: Early Development (3 credits)

This course begins by examining the earliest phases of the development of the mind. Students explore the transformation of drives through Freud's psychosexual stages (the oral, anal, urethral, phallic and oedipal stages). The class studies how these stages influence the development of character and early communication patterns, reflected by early socialization struggles and interactive processes. Students use concepts such as the role of sexual and aggressive drives and their fusion, the capacity to distinguish self from other as well as separate objects, the importance of the family, and the role of fantasy and language to understand maturation. Students explore the relationship of psychoanalytic concepts of development to ethological, cognitive, and psychosocial developmental theories and to clinical work. *This course is designed to meet the licensing board's requirement for a course on Human Growth and Development.*

CP 146 Maturation II: Later Development (2 credits)

This course traces important developmental conflicts, healthy resolution and potential for psychopathology through later childhood, adolescence and adulthood, exploring later psychosexual stages, further development of character, healthy and unhealthy defenses and interpersonal patterns, and typical developmental "tasks" for each developmental stage. Psychoanalytic theory and knowledge are integrated with developmental theory and research.

CP 150 Concepts of Group Analysis (3 credits)

This course studies group dynamics and processes and the psychoanalytic treatment of groups, families, and couples. Students consider phenomena unique to group settings and explore how to handle resistances and manage impulses in group interactions. The course provides theoretical bases for, and demonstrates, technical interventions. *This course is designed to meet the licensing board's requirement for a course on Group Work.*

CP 151 Psychoanalytic Theory I (Basic Concepts) (2 credits)

This course provides an introduction to basic concepts in psychoanalysis. Students explore concepts of unconscious motivation, dual drives and their expression, anxiety, defenses, repetition compulsion, resistance, transference, and countertransference, as conceptualized by Freud and his contemporaries and modified by more recent authors.

CP 154 Comparative Psychoanalysis (2 credits)

This course acquaints students with the different schools of thought in psychoanalysis and studies how their underlying premises affect their theoretical and clinical thinking, including their view of concepts such as transference, countertransference and resistance. Students will learn the contributions of classical Freudians, Kleinians, Jungians, ego psychologists, object relations theorists, self psychologists, modern psychoanalysts, Lacanians, and interpersonal and intersubjective psychoanalysts. The course explores how concepts of drive, object, and self combine to form a current motivational theory and affect how analysts from different schools listen to and intervene with their analysands.

CP 155 Dream, Fantasy, and Symbolic Communication (2 credits)

This course acquaints students with the language of the unconscious and primary process as it appears in dreams, fantasy, delusions, myth, symptoms, and creative works. The course examines the basic mechanisms of dream formation (e.g., condensation, reversal, displacement, symbolization, secondary revision), beginning with the study of Freud's work on dream interpretation. The course then explores more recent research on sleep and the nature and functions of dreams. Students develop skill in recognizing and understanding unconscious communication and motivation.

CP 161 Psychoanalytic Theory II (Fundamentals of Freud) (2 credits)

This course follows Freud's conception of libido theory from its inception through later developments. It then examines Freud's later papers on drive theory and the repetition compulsion; the division of the psyche into ego, id and superego; the sources of anxiety; the effects of innate destructiveness on the prospects for civilization; and Freud's final summary of the state of analysis. Students also consider the continuing influence of these papers on contemporary thought, examining current uses of Freud's drive theories.

CP 171 Introduction to Research in the Human Sciences (3 credits)

This course examines the bases of scientific inquiry. It provides a theoretical and practical knowledge of research and methodology, including principles of concept formation and research design. Students review the important tools, methods and techniques for sound and ethical research, including the tools and data of outcomes research, and learn to critically evaluate research literature. *This course is*

designed to meet the licensing board's requirement for a course on Research and Evaluation.

CP 173 Introduction to Qualitative Methods (3 credits)

This course introduces qualitative research methods useful to the master's student. The course reviews characteristics of qualitative versus quantitative methods, highlighting tools for outcomes and evaluation research, and prepares students to formulate a question, design a research method, and implement a qualitative study. By the end of the course, students learn to select a sample, conduct interviews and focus groups, and use content analysis to analyze data. The course will also explore the question of making inferences from qualitative data. Students begin to design a Master's paper research project in this course.

CP 1787 Master's Paper Course (3 credits)

This intensive course guides students in their design and completion of the Master's paper. Group work and close guidance of the instructors facilitates the thesis writing process. The course pays special attention to the formation of research question, research methodology, and writing appropriate literature reviews. The course operates as an intellectual workshop in which students share the process as well as the results of their research with the group throughout the semester. Each seminar member chooses a research topic, collects and analyzes data, writes a report, and then presents his/her research proposal in the middle of the semester and his/her research results in the seminar sometime during the last two weeks of the semester. The completed paper, when accepted by the two instructors, counts as the Master's Paper. *(Prerequisite: 171 and 173) Students who have completed a prior Master's paper or thesis may request equivalency for this requirement.*

CP 181 Neurophysiology and Somatic Disorders (3 credits)

Students learn the significance of chemical, organic, and physiological factors and their interaction in psychic functioning. The course reviews brain anatomy and development, genetics and evolution of behavior, developments in neuroscience, the mind/body connection, and the effects of chemical intervention in various populations. Students also explore the implications of somatic factors for mental health and addiction. *This course is designed to meet the licensing board's requirement for a course on Special Treatment Issues.*

CP 184/186 Psychopathology Parts I and II (4 credits)

This two-semester course is designed to meet the licensing board's requirement for a course on Psychopathology.

CP 184 Psychopathology, Part I: Primitive Mental States

This course examines psychopathology of severely regressed states from the perspective of both the DSM-IV-TR and psychoanalytic theory and case study. This comparative approach to diagnosis includes a consideration of symptoms and

behaviors listed in the DSM-IV-TR with psychiatric understanding of etiology and function contrasted with and augmented by the psychodynamic understanding of symptoms, core conflicts, and characteristic defenses in psychotic, affective, and somatic disorders. The two different approaches to the diagnostic process will be explored in the course, including the five axis diagnostic system (DSM), use of the mental status exam, use of clinical interviewing and induced countertransference feelings. The class also discusses implications for treatment. Students will prepare for the beginning of clinical studies in the practicum and internship settings by observing their emotional reactions to the class material and visiting two settings.

CP 186 Psychopathology, Part II: Typology of Conflict and Defense

This course imparts a psychodynamic understanding of the symptoms, core conflicts, and characteristic defenses inherent in neuroses and personality (character) disorders. Students gain a basic knowledge of each diagnosis in terms of DSM-IV-TR and in terms of their defining clinical features, such as drives/urges, wishes, affects, defensive operation, interpersonal style, and induced countertransference.

CP 185a Clinical Techniques: Fieldwork Seminar (3 credits)

This course uses an understanding of psychopathology to help the student develop skills for establishing clinical relationships with patients in the fieldwork placement. Students discuss their fieldwork experience, examining all aspects of institutional life, including the meaning of apparently irrational behavior. They relate their cases to material learned about conflicts and defenses and develop a working knowledge of contact functioning and their own emotional responses. Students develop a firsthand understanding of early resistances in treatment as they begin their placement and learn how to form a beginning treatment relationship. *This course is designed to meet the licensing board's requirement for a course on Helping Relationships.*

CP 185b Mental Health Treatment and Consultation: Fieldwork Seminar (3 credits)

This course uses an understanding of psychopathology to help the student develop skills for establishing and maintaining clinical relationships with patients in the practicum and going forward into the externship. Students discuss their placements, examining all aspects of institutional life, including the meaning of apparently irrational behavior. Students learn about typical resistances encountered in the treatment process, including treatment destructive resistance, resistance to transference, id, ego and superego resistances, and their own countertransference resistance through readings and experience with cases. They relate their cases to material learned about conflicts and defenses and develop a working knowledge of contact functioning, transference and countertransference, symbolic communication and enactment, and interventions to resolve resistances. Students use material about small and large group systems, community mental health, psychopharmacology, and consultation skills to inform their experience.

This course is designed to meet the licensing board's requirement for a course on Helping Relationships.

CP 185c Maintaining and Terminating Treatment: Fieldwork Seminar (3 credits)

This course uses an understanding of psychopathology to help the student develop skills for maintaining and terminating clinical relationships with patients in the externship and internship. Students continue to present cases and all aspects of the fieldwork setting in relation to didactic material. The use of induced countertransference feelings and recognition of symbolic communication as avenues to understanding the patient are emphasized, as well as a continuing focus on transference and techniques for resolving resistance to progressive communication. Understanding of conflict and defense and the function of symptoms continues to be emphasized in light of case material. The termination phase of treatment and resistance to termination are covered. The semester culminates in a formal presentation of three cases the student has seen in the fieldwork experience, emphasizing the development of the relationship, the understanding of the cases, and the student's experience and use of countertransference experience in understanding the patient's mental states. *This course is designed to meet the licensing board's requirement for a course on Helping Relationships.*

CP 340 Field Placement Practicum and Externship (2 credits per semester)

With the help of the Fieldwork Coordinator, students find a fieldwork externship placement in which they study patient contact and development of relationships in a setting for regressed patients, meeting with three patients on a weekly basis, and when possible attending team and administrative meetings and meeting with an administrative supervisor. Students observe the patients' contacts, the development of relationships over time as well as interactions in the institution. In conjunction with the practicum and externship, the student also enrolls in CP 185 Fieldwork Seminar, CP 111 Field Placement Group Supervision and CP 341 Practicum Individual Supervision.

The first 100 hours of field placement (usually the first semester), which include 40 hours of patient contact and 25 hours of supervision (13 hours of group, 12 hours of individual) constitute the Counseling Practicum. Students consult with the Fieldwork Coordinator to be sure they are meeting practicum requirements and complete appropriate paperwork.

In subsequent semesters, students continue in the Fieldwork Externship, continuing to meet weekly with their patients and to observe the developing transference and countertransference, symbolic communication, and responses to stimulation in their patients and themselves, as well as interactions in the institution. A total of 400 hours of Fieldwork Externship experience is required for completion of fieldwork, as well as the successful presentation of fieldwork cases in the Fieldwork Seminar and a case paper submitted to the seminar instructor.

Prerequisites: CP 184, one semester of study, 15 sessions of training analysis.

CP 350 Counseling Internship (2 credits per semester)

In at least 600 hours of internship experience, the student engages in at least 240 hours of client contact over the course of two semesters. The student works out the internship placement with the Fieldwork Coordinator. The intern meets regularly with patients in his or her caseload, attends clinical and administrative training activities at the placement, and engages in administrative work on cases. Students receive individual supervision at the placement and CP 351 individual supervision at the school as well as group supervision in one or both locations. A minimum of 45 hours of supervision, individual and group, from approved supervisors are required to supervise the internship experience. The Fieldwork Coordinator approves all internships and supervisors. *Prerequisites: CP 340, CP 341, CP 185a.*

CP 111 Field Placement Group Supervision (.5 credit)

Students enroll in small group supervision throughout the fieldwork experience, discussing all aspects of the fieldwork experience including their interactions with and observations of patients and their own emotional experiences.

CP 341 Field Placement Practicum and Externship Individual Supervision (.5 credit)

Students enrolled in the practicum experience (CP 340) meet with an individual supervisor in groups of two on an every other week basis (12 sessions) during the practicum semester and the remainder of the field placement. This supervision augments the group supervision experience and provides an opportunity for coverage of additional cases and further discussion of work in the placement.

CP 351 Field Placement Internship Individual Supervision (.5 credit)

Students enrolled in the internship experience (CP 350) meet with an individual supervisor in groups of two on an every other week basis (12 sessions) during each semester of the internship. This supervision augments the group and placement supervision experience and provides an opportunity for discussion and case formulation from a psychoanalytic perspective.



ELECTIVES

Due to the large number of required courses, elective slots for full-time students are limited.

CP 110 Working with Addictions (3 credits)

The nature and phenomenology of addiction will be studied in terms of its symptoms, characteristic defense mechanisms, unconscious fantasies and conflicts, and functioning. Addiction is viewed from a DSM-IV-TR perspective and from a psychodynamic perspective in which it is considered as operating in relation to the



whole psyche. Students will gain an understanding of important technical/clinical issues involved in working psychotherapeutically and analytically with addicted patients, especially the role of transference/countertransference, emotional induction/projective identification, and treatment as well as self-destructive resistances such as acting-out through missed sessions and continued drug-use/relapse. Alternative treatment approaches are considered.

CP 160 Narcissism, Aggression, and Violence (2 credits)

This course provides an in depth study of the relationship between narcissism and aggression, with particular attention to those disorders in which self-hate predominates over self-love. Students use the literature to clarify the meaning of the narcissistic defense and to explore the treatment techniques that have been devised to work with narcissistic disorders. Class process is used to illustrate concepts.

CP 144 Adolescence (2 credits)

In adolescence, the struggle toward maturation causes psychic turmoil. The goal is to study maturation as it unfolds in the development of an individual's body and mind; to explore adolescent drive issues, conflicts and resolution; and to understand the second reworking of early issues within the framework of greater biological maturity. As unresolved early childhood conflicts reemerge, resistances to adulthood can lead to various social and psychological problems. The course explores adolescent conflicts, difficulties with object relations and possible solutions, including psychotherapeutic approaches.

PC 606 Cultural Psychopathology and Social Psychiatry (3 credits)

This seminar familiarizes students with the social and cultural aspects of mental health or illness. Cultural psychopathology is a field of study focusing on the ways in which cultural factors contribute to the experience and expression of psychological distress. It examines cultural variation in psychiatric disorders and cultural determinants of symptoms or syndromes. Social Psychiatry is a field focusing on epidemiology of mental illness and on social causes and consequences of psychiatric disorders. Issues of law and psychiatry, such as competency to stand trial, insanity plea, forced hospitalization, solitary confinement, and patient rights are also addressed. The course is interdisciplinary, in that it includes material from many fields, but there is a coherent organizing theme: the need to understand mental illness in a broad social and cultural context.

CP 143 The Childhood Years (2 credits)

This course focuses on the operation of the drives during "latency" or the childhood years, age 6 (end of the Oedipal stage) through preadolescence (onset of puberty). Students examine normal and abnormal patterns of development and relate these to their observations of children. The course explores the maturational process as it unfolds in the development of an individual body and mind. The class also discusses implications for therapy with this age group.

CP 147 Adult Development (2 credits)

This course identifies the central developmental tasks and inherent conflicts typical of adulthood. The course begins with conflicts of young adults struggling with pregenital and genital aims, including the repetition of incestuous longings and the fear of intimacy. The course goes on to address love, guilt and shame as they relate to conflicts around intimacy and aggression and the efforts individuals engage in to make successful relationships and attain individual identities. Implications of theory and research for clinical work are discussed.

CP 188 Clinical Work with Children (2 credits)

This course examines theory and technique in working with children in therapeutic settings, including child diagnosis, childhood psychopathology and therapeutic techniques. The class specifically explores the use of play and talking therapy techniques, working with children individually and in groups.

EX 214 Group Supervision on Child Cases

Students present work with child and adolescent cases in this group supervision. Required for all student interns in the School Based Internship program. Maximum enrollment 10 students.

CP 527-530 Directed Research (0.5, 1, 2, or 3 credits)

The Master's degree student undertaking a Master's thesis works individually with a research supervisor until completion of the thesis. A second reader reads and approves the thesis as well.

SAMPLE PROGRAM: THREE YEAR COURSE OF STUDY

Semester One

CP 151 Psychoanalytic Theory I	2 credits
CP 181 Neurophysiology, Psychosomatics, and Psychopharmacology	3 credits
CP 141 Maturation: Early Development	3 credits
CP 184 Psychopathology I: Primitive Mental States	2 credits
	10 CREDITS

Semester Two

CP 161 Psychoanalytic Theory II: Freudian Theory	2 credits
CP 171 Introduction to Research in the Human Sciences	3 credits
CP 186 Psychopathology II: Typology of Conflict and Defense	2 credits
CP 185a Clinical Techniques: Fieldwork Seminar	3 credits
CP 340 Field Placement Practicum	2 credits
CP 111 Clinical Supervision	.5 credit
CP 341 Individual Practicum Supervision (13 hours required)*	.5 credit
	13 CREDITS



Summer One

CP 102 Theories of Counseling 3 credits
3 CREDITS

Semester Three

CP 155 Dreams, Fantasy, and Symbolic Communication 2 credits
CP 150 Concepts of Group Analysis 3 credits
CP 173 Introduction to Qualitative Methods 3 credits
CP 185b Mental Health Treatment and Consultation:
Fieldwork Seminar 3 credits
CP 340 Field Placement Externship 2 credits
CP 111 Clinical Supervision .5 credit
13.5 CREDITS

Semester Four

CP 154 Comparative Psychoanalysis 2 credits
CP 101 Assessment and Appraisal 3 credits
CP146 Maturation II: Later Development 2 credits
CP 185c Maintaining and Terminating Treatment:
Fieldwork Seminar 3 credits
CP 340 Field Placement Externship 2 credits
CP 111 Clinical Supervision .5 credit
12.5 CREDITS

Summer Two

CP 104 Multicultural Issues in Mental Health Work 3 credits
3 CREDITS

Semester Five

CP 350 Counseling Internship 2 credits
CP 351 Individual Internship Supervision .5 credit
CP 1787 Master's Paper Course 3 credits
5 .5 CREDITS

Semester Six

CP 350 Counseling Internship 2 credits
CP 351 Individual Internship Supervision .5 credit
CP 103 Ethics and Professional Orientation
for Mental Health Counselors 3 credits
CP 1787 Master's Paper class (*optional as second semester*)
5 .5 CREDITS
Total Course of Study: 66 CREDITS

*The 13 hours of the 341 internship may be completed in one semester or can be completed in the following summer or semester.

Students completing studies in two years take an additional course each semester and complete the Counseling Internship and the Master's Paper in the second year of study.



SAMPLE PROGRAM: TWO YEAR COURSE OF STUDY

Semester 1

- CP 151 Psychoanalytic Theory I: Basic Concepts (2 credits)
 - CP 181 Neurophysiology, Psychosomatics, and Psychopharmacology (3 credits)
 - CP 141 Maturation: Early Development (3 credits)
 - CP 184 Psychopathology I: Primitive Mental States (2 credits)
- 10 credits**

Semester 2

- CP 161 Psychoanalytic Theory II: Freudian Theory (2 credits)
 - CP 171 Introduction to Research in the Human Sciences (3 credits)
 - CP 186 Psychopathology II: Typology of Conflict and Defense (2 credits)
 - CP 185a Clinical Techniques: Fieldwork Seminar (3 credits)
 - CP 101 Assessment and Appraisal (3 credits)
 - CP 340 Field Placement Practicum (2 credits)
 - CP 341 Individual Practicum Supervision (.5 credit)
 - CP 111 Clinical Supervision (.5 credit)
- 16 credits**

Summer 1

- CP 102 Theories of Counseling (3 credits)
 - CP 104 Multicultural Issues in Mental Health Work (3 credits) *Taken either in Summer 1 or Summer 2*
- 3 or 6 credits**

Semester 3

- CP 155 Dreams, Fantasy, and Symbolic Communication (2 credits)
 - CP 150 Concepts of Group Analysis (3 credits)
 - CP 173 Introduction to Qualitative Methods (3 credits)
 - CP 185b Mental Health Treatment and Consultation: Fieldwork Seminar (3 credits)
 - CP 340 Field Placement Practicum (2 credits)
 - CP 350 Counseling Internship (2 credits)
 - CP 351 Individual Internship Supervision (.5 credit)
 - CP 111 Clinical Supervision (.5 credit)
- 16 credits**

Semester 4

- CP 154 Comparative Psychoanalysis (2 credits)
- CP 146 Maturation II: Later Development (2 credits)
- CP 185c Maintaining and Terminating Treatment: Fieldwork Seminar (3 credits)
- CP 103 Ethics and Professional Orientation for Mental Health Counselors (3 credits)
- CP 340 Field Placement Practicum (2 credits)
- CP 350 Counseling Internship (2 credits)
- CP 351 Individual Internship Supervision (.5 credit)
- CP 111 Clinical Supervision (.5 credit)

CP 1787 Master's Paper Course (3 credits)*	18 credits
Summer 2	
CP 104 Multicultural Issues in Mental Health Work (3 credits) <i>If not taken in Summer 1</i>	
	0 or 3 credits
Total Course of Study	66 credits

*Completing the Master's Paper may take additional time in the summer.

School-based interns: Because of the heavy course load, we recommend you follow the three year counseling program. Interns in the school based program need to take 2 additional courses in child development; one of them can substitute for CP 146.