



BOSTON GRADUATE SCHOOL OF

Psychoanalysis

Presents:

The One-Year Program



If you would like to enhance your therapeutic skills as a mental health practitioner or use psychoanalytic techniques to improve your work in education, business, or the arts...

**Our One-Year Program
May Be for You.**

**BGSP. 1581 Beacon Street. Brookline 02446
617.277.3915 fax: 617.277.0312 www.bgsp.edu**

Extension Division

One-Year Program

CONTINUING EDUCATION:

Boston Graduate School of Psychoanalysis (BGSP) is approved by the American Psychological Association to sponsor continuing education for psychologists. BGSP maintains responsibility for this program and its content.

Boston Graduate School of Psychoanalysis is recognized by the National Board for Certified Counselors to offer continuing education for National Certified Counselors. BGSP adheres to NBCC continuing education guidelines.

Boston Graduate School of Psychoanalysis is approved by the Department of Education of the Commonwealth of Massachusetts to be a Professional Development provider.

Boston Graduate School of Psychoanalysis has Deemed Status from the Massachusetts Board of Registration of Nursing Home Administrators.

Courses offer one CE credit per hour of meeting time. The program totals 30 hours per semester. For information on continuing education credits for nurses, social workers and marriage and family counselors, call **617-277-3915**.

BGSP is regionally accredited by the New England Association of Schools and Colleges and professionally accredited by the Society of Modern Psychoanalysts. Inquiries regarding regional accreditation may be addressed to the administration of BGSP in Brookline, MA. Individuals may also contact the Commission on Institutions of Higher Education, New England Association of Schools and Colleges, 209 Burlington Road, Bedford, MA, 01730.



BGSP

1581 Beacon Street, Brookline, MA 02446

Telephone: 617.277.3915 • Fax: 617.277.0312

E-mail: bgsp@bgsp.edu • Web: www.bgsp.edu

Modern Psychoanalysis

The Boston Graduate School of Psychoanalysis (BGSP) offers the Master of Arts in Psychoanalysis, the Doctor of Psychoanalysis, the Certificate in Psychoanalysis, and an Extension Division with programs for professionals and community members that includes this one-year program leading to a certificate of completion. Modern psychoanalysis rests on the theoretical framework and clinical approach of Sigmund Freud and the innovative techniques of Hyman Spotnitz and Phyllis Meadow. Its insights have expanded the repertoire of interventions available to clinicians, allowing them to work with a full range of psychoanalytically reversible disorders as well as to promote improved relationships in the workplace and in family life. Modern psychoanalytic interventions have proven to be particularly helpful to clinicians in private practice and in social service and mental health settings, and to special education teachers and guidance counselors. Others who find psychoanalytic thought valuable are educators, students of literature and the arts, and those engaged in business.



One-Year Program

THIS PROGRAM HAS BEEN DESIGNED to enrich the work of clinical practitioners and professionals in various disciplines by introducing them to modern psychoanalytic principles, theories and techniques. In this course of study you can expect to enhance your therapeutic skills, generate new insights about yourself and your work, and develop more effective ways of interacting with your clientele. Classes focus on case material and emphasize the application of a psychodynamically informed approach. Both experiential process and more traditional teaching methods are used to promote learning. Students progress through the program as a group. Two consecutive evening classes will be taught every other week each semester. A certificate of completion will be awarded.



One-Year Program

CLASSES MEET on one evening every other week for 10 weeks per semester. Each class is 90 minutes. Tuition is \$1,000 per semester. BGSP faculty teach all courses. Students may begin the program in either the fall or the spring semesters.

The One-Year Program also includes forums and events where participants can meet with other students and faculty members for an informal exchange of ideas.

Coursework

Semester One

THE MATURATIONAL PROCESS

- Differentiating the self from the other in clinical settings and in everyday life
- Understanding the significance of fixations and regressions in the psychosexual stages

TRANSFERENCE AND RESISTANCE

- Understanding the function of resistance
- Using observations for making inferences and interventions
- Recognizing transference and its implications

Semester Two

ANALYTIC LISTENING

- Listening to the unconscious level of verbal and nonverbal communications
- Understanding symbolic communication, dreams, slips of the tongue, etc.

COUNTERTRANSFERENCE

- Recognizing countertransference and using induced feelings
- Distinguishing between subjective and objective countertransference
- Resolving countertransference resistances

Eligibility and Application



The program is open to professionals from the areas of psychiatry, psychology, social work, substance abuse counseling, community mental health and senior citizen centers, guidance counseling, education, the arts, and business. There is a non-refundable application fee of \$50. Please fill out form below and send with application fee to:

BGSP, 1581 Beacon Street, Brookline, MA 02446.

Last Name First Name Middle Initial

Male Female

Street Address

City State Zip/Postal Code

Day Phone Evening Phone

Cell Phone Fax

E-mail

Date of Birth

Write name of Undergraduate School, Degree, Date

Name of Graduate School, Degree, Date

Other Learning Experience

Current Employment

How did you learn about BGSP?

Date Signature



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