



BOSTON GRADUATE SCHOOL OF
Psychoanalysis

One-Year Program



If you would like to enhance your therapeutic skills as a mental health practitioner or use psychoanalytic techniques to improve your work in education, business, or the arts...

**Our One-Year Program
May Be for You.**

What is modern psychoanalysis?

Psychoanalysis is the study of unconscious forces that affect the lives of individuals, groups, and societies. Using this understanding, Sigmund Freud developed a therapeutic technique designed to liberate individuals from domination by these forces. Beginning in the 1940s, Hyman Spotnitz expanded Freud's theory of technique to allow clinicians to work with the full range of psychological disorders, including the schizophrenias. Later, modern clinicians such as Meadow, Margolis, Rosenthal and others continued to study and extend psychoanalytic practice to ever widening areas of influence.

Why study at BGSP?

The school's unsurpassed clinical training programs, combined with its award winning research, have established its international reputation for teaching modern psychoanalytic principles and techniques. BGSP is the only accredited, degree granting, independent psychoanalytic school in the country. Since its founding in 1973, BGSP has opened doors to psychoanalytic study to students from a wide variety of academic backgrounds. Graduates of the school apply what they have learned in clinical settings as well as in education, business, politics, and the arts. Details on the school and its program can be found at www.bgsp.edu, or call **617-277-3915** for more information.

"This was wonderful and challenging."

Evan Margetson
LICSW

The One-Year Program

THE ONE-YEAR PROGRAM IS DESIGNED to enrich the work of clinicians, educators, and anyone interested in understanding and working with individuals, families or groups. Students are introduced to modern psychoanalytic theories and techniques in order to develop a deeper understanding of human dynamics. Often this leads to approaching old problems in new ways. Cases are a lively way to introduce the new concepts and experiential learning enhances this experience.

TWO CONSECUTIVE CLASSES MEET one evening every other week for 10 weeks per semester. Each class is 90 minutes. Tuition is \$1,000 per semester. BGSP faculty members teach all courses.

Coursework

SEMESTER ONE

THE MATURATIONAL PROCESS

- Differentiating the self from the other in clinical settings and in everyday life
- Understanding the significance of fixations and regressions in the psychosexual stages

TRANSFERENCE AND RESISTANCE

- Understanding the function of resistance
- Using observations for making inferences and interventions
- Recognizing transference and its implications

SEMESTER TWO

ANALYTIC LISTENING

- Listening to the unconscious level of verbal and nonverbal communications
- Understanding symbolic communication, dreams, slips of the tongue, etc.

COUNTERTRANSFERENCE

- Recognizing countertransference and using induced feelings
- Distinguishing between subjective and objective countertransference
- Resolving countertransference resistances

"As a therapist, everything I learned here was relevant."

Bonnie Fitz-Gibbon
Psychotherapist/private practice

Eligibility & Application

There is a non-refundable application fee of \$50. Please fill out the application below and send with fee to:

BGSP, 1581 Beacon Street, Brookline, MA 02446.

Last Name First Name Middle Initial
 / /
Male Female _____
Date of Birth

Street Address

City State Zip/Postal Code

Phone

E-mail

Write name of Undergraduate School, Degree Date

Name of Graduate School, Degree Date

Other Learning Experience

Current Employment

How did you learn about BGSP?

Signature / /
Date

"This program helped me to understand the pathologies of my students in crisis."

Rae Nelson

Teacher at a residential treatment center

CONTINUING EDUCATION:

Boston Graduate School of Psychoanalysis (BGSP) is approved by the American Psychological Association to sponsor continuing education for psychologists. BGSP maintains responsibility for this program and its content.

Boston Graduate School of Psychoanalysis is recognized by the National Board for Certified Counselors to offer continuing education for National Certified Counselors. BGSP adheres to NBCC continuing education guidelines.

Boston Graduate School of Psychoanalysis has Deemed Status from the Massachusetts Board of Registration of Nursing Home Administrators.

One-Year Program courses offer one CE credit per hour of meeting time. The program totals 30 hours per semester. For information on continuing education credits for nurses, social workers and marriage and family counselors, call **617-277-3915**.

BGSP is regionally accredited by the New England Association of Schools and Colleges and professionally accredited by the Society of Modern Psychoanalysts. Inquiries regarding regional accreditation may be addressed to the administration of BGSP in Brookline, MA. Individuals may also contact the Commission on Institutions of Higher Education, New England Association of Schools and Colleges, 209 Burlington Road, Bedford, MA, 01730.



BGSP

1581 Beacon Street, Brookline MA 02446

tel: 617.277.3915 fax: 617.277.0312

e-mail: bgsp@bgsp.edu web: www.bgsp.edu